



Donations are always appreciated and can be dropped off in the Gathering Space of the church or in the Parish Office. Please do not leave donations outside.

Pantry Item	Size Range
Canned Vegetables	14-18 oz.
Canned Fruit	14-18 oz.
Canned Tuna/Chicken/Spam/etc.	5-10 oz.
Canned Beans	15-20 oz.
Canned Soup	10-20 oz.
Mac & Cheese	7-12 oz.
Pasta	16 oz./1 lb.
Tomato/Marinara Sauce/etc.	15-20 oz.
SpaghettiOs/Ravioli/Chili, Beef Stew etc.	15-20 oz.
Peanut Butter	15-20 oz.
Jelly/Jam	15-20 oz.
Cereal	10-15 oz.
Salad Dressing	15-20 oz.
Ketchup	10-15 oz.
Mustard	10-15 oz.
Mayonnaise	10-15oz.