

## Freshman (A Force for Good)

This year our freshman will encounter Jesus in the Eucharist at Mass followed by a lesson. We have inspirational video series we use to help inspire conversations with other freshmen. Topics include: Eucharist, Marriage, Vocational Discernment, Getting to know God through prayer, Meeting the Mother of God and your Heavenly Family, The Beatitudes as a Path to True Happiness plus so much more! **October 9** is our all day **Retreat from 10AM-5:30PM**. Get ready for this amazing journey Freshmen as you learn to be **A Force for Good!**

## Sophomore (Great in the Eyes of God)

This year our Sophomore class will encounter Jesus in the Eucharist at Mass followed by a lesson. We have inspirational video series we use to help inspire conversations with other sophomores. Topics include: Eucharist, Marriage, Vocational Discernment, Getting to know God through prayer, Meeting the Mother of God and your Heavenly Family, The Beatitudes as a Path to True Happiness plus so much more! **October 9** is our all day **Retreat from 10AM-5:30PM**. Get ready for this amazing journey because Sophomores, you are called to be **Great in the Eyes of God!**

## Junior (Faithful Witness)

This year the Juniors follow the same template as freshmen and sophomores. However, Juniors will take a deeper dive into their journey with a few more activities and requirements before receiving the Sacrament of **Confirmation on March 13th at 2pm**. For example, **Sponsor Night Feb 22nd** where all Confirmands have a reflective evening with their sponsor. We have our exciting **overnight retreat** planned for **March 5-6th** so mark your calendars accordingly. All Juniors are required to attend a retreat. If you can not attend this retreat, you are responsible for attending another retreat at another parish. Each Junior is interviewed by Fr. Ed, which is why you don't want to miss any classes. This is your prep before the big day. Each Junior is expected to write a letter to the bishop requesting to be confirmed as well. We are here to guide you with simple instructions and a simple outline for every step of this journey. God doesn't make the path to holiness complex. By no means is it an easy path, but it's not complicated. You will be given a packet to download and a checklist and instructions. We are excited and look forward to you becoming a full member of the Church as a **Faithful Witness!**

## Service Hours:

All High School age students need to complete 10 service hours. Before you press the panic button, we will have plenty of activities that are already built into our program to complete these hours. We will offer a way to keep track.. Helping younger grades by volunteering with our activity sessions is one way. Signing up to greet, usher, sing in the choir at any given Mass is another. We will offer reachout sessions where we make food, prayer cards, blessing bags, tie blankets, and so much for. We will offer opportunities to take a ½ mission trip to Milwaukee's homeless shelters to work and distribute food and clothing. We offer monthly trips to help at Love Inc. Of course you can help at the fish fry and any other church events throughout the year. It takes many hands to run a smooth program, so be sure to check out our list of areas you can help. Q: Does it count if I do service hours outside of church sponsored events? **Answer:** We are excited you are volunteering your time and talent within our community and hope you continue. **Note:** **All Service Hours must be St. Clare or St. Thomas sponsored events to count for service hours.** Anything you do outside St. Thomas or St. Clare can count towards service projects and mentioned in your interview and letter to the bishop as a Junior. With every hour earned, you are step by step on your way to shifting your focus from serving yourself to serving others. This is the number one way to build happiness in your life! Out of Self, and Into Others!